

The Single, Overnight Technique to Use Which Will Dynamically Improve Your Dog's Health



by Madeleine Innocent

**LEARN THE UNTOLD SECRETS FOR DRAMATIC
CHANGES IN YOUR DOG'S HEALTH**

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Introduction

Being a natural health practitioner, a homeopath, who treats both people and animals, I am often asked questions about the health of dogs, so I decided to write down some of the most common questions, with my answers, and create this free report.

So this is a question-and-answer report.

Please feel free to pass this on to your friends or whoever you think will benefit from it.

Allergy - fleas

Q - My dog suffers from what my vet terms flea allergy. I have treated her with Frontline but it hasn't made any difference. I'd rather not keep upping the chemical load on her.

A - Well done about not keeping up the chemical poisoning! When anyone suffers an allergy it means that their level of health has dropped. Dogs in the wild are never allergic to fleas, and rarely have many. The best way to stop this allergy is to address your dog's diet. Feed her a natural diet. A natural diet alters the pH of the skin, making it unattractive to fleas.

Anal glands

Q - I notice that my dog's anal glands are swollen and a little red. She scrapes her bottom along the carpet and licks it a lot.

A - I have noticed that the common problem of anal glands and the need to have them emptied regularly applies far more to dogs fed a commercial food, than it does to dogs fed a natural diet. I suggest you change your dog's diet to a natural one, keeping an eye on her anal glands. You will be surprised at how quickly they clear up, with no other treatment. I have never encountered anal gland problems with my dogs.

Anaemia

Q - My dog's gums are often white or pale. Within a few hours they can alternate between pale and normal. Otherwise he is normal - active, eats and drinks well, sleeps well, normal poo.

A - Pale gums mean anaemia, but it's interesting that your dog's anaemia alternates. I suspect that your dog's diet is not providing her with the necessary nutrients to keep her healthy. Change her diet to a natural one. You'll be amazed at how much good that does, with no other forms of treatment. If it persists, seek the help of an holistic animal practitioner.

Behavioural Problems

Q - I am nine years old and my dog is nearly two years old. He has started to nip at me and snarls at me whenever I go to play with him. He's fine with my parents. He doesn't like one of my friends who teases him.

A - I think that you may have been a bit rough with him in the past and now he doesn't trust you. If your friend teases him, either try to stop her, or don't let this friend come round. Your dog may be associating your friend with you. Only when this teasing is stopped, will your dog start to come round. Meanwhile, give him space and don't rush him. He will know in time, that you are safe to be with. You have to prove to him that you have changed. That takes time.

Bowels

Q - My dog wipes his bum on the ground after a poo. Does he have worms?

A - It's normal to have an itchy bottom after a poo. I wouldn't worry about this if it only happens occasionally. However, if it continues, you need to consider two possibilities. If you are feeding a commercial brand of pet food, the poo will not be healthy and there may be difficulties expelling it. The other possibility is the presence of too many worms. If your dog is fed a natural diet, worms will never be a problem and the poo will be healthy and pass easily.

Q - Our dog often passes blood when pooing. The vet says this is nothing to worry about.

A - Fresh blood in the poo usually means haemorrhoids (piles) and while these can be uncomfortable, they are rarely a major problem.

Breathing difficulties

Q - My Pug has been diagnosed with a collapsed trachea. I understand this is common with the brachycephalic breeds. She is otherwise extremely healthy and active and only occasionally does she puff and pant and find exercise difficult. I have seen other 'squashed nose' dogs who are worse than she is, but who manage. Should I have it operated on, or can I leave it?

A - I have treated this condition and it responds extremely well to a simple change of diet to a natural one. Because this area is a weakness with these dogs, and any weakness shows up when the immune system is compromised, the answer is to bring the immune system up to the optimum level, and the weakness disappears on its own. The best way to bring up anyone's immune system is to eat as you evolved to. None of us (including all domestic animals) have been 'civilised' or domesticated long enough for our system to prefer anything else. And we never will be.

Digging up the garden

Q - Our young dog is hell bent on digging up the garden, chewing on the reticulation pipes, pulling washing of the line, you name it. What can we do?¹

A - Young dogs teethe, just as babies do. And young dogs have boundless energy. First, feed your puppy a natural diet. Make sure he has a bone a day, one which will keep him occupied for hours and will be in bits when he's finished. You'll have to experiment with the type and size to achieve this. Take him on one long or two short walks a day and play with him a lot - ball games are the best as he does all the running. And leave a favourite toy out for him that he can play with when he's finished his bone. A safe-to-leave-on-their-own toy is a big ball.

The modern practice of crating a young dog when you're not there is a disaster as they can't use up their energy and hate being alone and restricted.

Frustration and abandonment issues set in and can become destructive. Would you crate your baby?

Eating grass

Q - My dog eats a lot of grass, then almost immediately, vomits it back up. Should I take him to a vet?

A - Eating grass is perfectly normal and helps the dog clear something out that he doesn't want. If your dog is eating excessive amounts and constantly vomiting you need to look at what could be the cause. Commercial pet food, environmental toxins, vaccinations are all damaging to your dog's health, so could be the cause. If in doubt, seek professional advice.

Eating poo

Q - Our puppy frequently eats her's and the cat's poo. Is this normal? I heard that it may be an indication that she is lacking certain nutrients in her diet. We feed her a puppy food from the vet. She is a normal, healthy, playful dog.

A - Quite right - eating poo is an indication that her diet is lacking. ALL commercial pet food lacks enzymes as they are lost in cooking. Enzymes are essential to healthy digestion and so healthy absorption. Switch her to a natural diet and she'll stop eating her own poo. Keeping her occupied with bones will be more attractive to her than your cat's poo, although you may never completely cure her of that!

End of life, euthanasia

Q - My twelve year old dog has not eaten for three days. He seems more uncomfortable than normal, has trouble getting up, is lethargic and miserable. He goes outside now a lot, even in the rain. He is still drinking, but I don't think he has done a poo for a few days.

A - When an animal loses interest in food, it means they need the energy used in digestion for a more serious problem, such as staying alive. The lack of poo isn't surprising given he hasn't eaten. The fact that he is still drinking means there's hope. Animals can heal themselves better when they are in nature, so being outside means he's trying to heal himself.

He may be nearing the end of his life, but he may also bounce back if he can get over this and you change his diet to a natural one. Homeopaths have wonderful remedies which will either bring him back or allow him to slip away easily. Either way it will be his choice as the remedies can't force anything. It simply makes life easier, whatever decision he has made. See a professional homeopath who treats animals for this.

Fears

Q - My dog is extremely scared of thunder, lightening and rain. He has panic attacks. He pants, his heart races, he sticks to us like glue. What can we do for him? The vet puts him on a sedative, but I don't want to do that every time we have a thunderstorm. He's also terrified of the garbage collection vehicle, being

big and noisy. And I have to put him outside if I want to do any vacuuming, otherwise he hides under a bed, quivering.

A - Fear of thunder and loud noises is common in dogs. There are an array of homeopathic remedies for this, but the remedy Aconite in the 30c potency may be able to help. However, I suggest you seek the services of an animal homeopath.

Foods to Avoid?

Q - I know a lot of people think garlic, onions, grapes and sultanas are bad for dogs. Are they?

A - Garlic is a wonderful healthy immune booster and I regularly give it to my dogs. I doubt if dogs would eat raw onion on their own, but if I'm giving my dogs any table scraps which contain onion, I don't remove it. I live in a grape growing area and buy a lot of local grapes. One of my dogs loves them and eats them by the bunch given half a chance. My other dog won't eat them at all. I suggest that grapes that have been sprayed are bad for you as well as your dog. So try to buy the certified organic ones. Sultanas are just dried grapes so the same applies.

It's interesting that the same people who say you should avoid these natural foods for your dog, will happily give their dogs drugs, vaccinations and commercial pet food, all of which will do far more harm.

If your dog is on a nutrient rich, natural food diet, it is highly unlikely they will eat anything poisonous. They have a natural, in-built intuition. However, starving dogs may be tempted to eat harmful foods. By starving, I don't just mean dogs who do not eat regularly. I include dogs fed a nutrient poor diet - such as most commercial pet foods.

Growth

Q - The vet tells me my puppy has growing pains, as he limps badly after running around. It seems his joints are sore. The vet's treatment hasn't helped. I've heard a change of diet might help, but what to?

A - Puppies need a lot of calcium for their growing bones. The absolute best source is crunching up on bones. Switch to a natural diet and make sure he has a bone, that he can crunch up into little pieces, every day. In the wild, when a pack of dogs brings down a large animal, it's the alpha pair who get the choice pickings. Then the other adult dogs get the second pickings. The puppies are often left with just bones to gnaw on. This is as it should be as puppies have the greatest need for the bones.

The tissue salt Calc phos 6x can also help with growing pains.

Injury during surgery

Q - My young dog has had a bladder infection almost constantly since we got her. She's been on mild and strong antibiotics, to no avail. She is slightly incontinent. She has a bit of mucus in her urine. I have wondered whether she was 'nicked' when spayed, which was just before we got her. We can't house train her, as she can't help herself.

A - Well, that's a possibility. If you dose her with Arnica, in the 30c potency, that may resolve any injury, including the soft tissue damage of the surgery. The operation may have gone well, but she may be very sensitive to any injury. I suggest you start with the Arnica, because if nothing else, that will eliminate the injury as a cause. If you can, check with the people you got her from. Was she incontinent or not house trained before? Some rescue centres sterilise animals much too early in an effort to stop unwanted pregnancies. This leaves the animal without the necessary hormones to complete their growth properly. You may need to seek the services of an animal homeopath.

Losing Weight

Q - My 12 year old dog has lost a lot of weight in the past months, although she still eats the same food twice a day, and has dry food in her bowl at all times. She drinks much more than she did and cries a lot. She is very thin, you can feel her hip bones. She is still friendly and lovable, but does seem uncomfortable.

A - Dogs should never have food available at all times. They evolved as hunters and hunters don't always succeed in killing. So their digestive systems can't cope with frequent meals (unless very sick). Don't leave food out all day. This will tend to create digestive problems. It does sound as if your dog may have kidney problems. This will, in part if not in whole, be caused by giving her commercial pet food. Change her diet to a natural one as that can only help her. But she may need professional help. I suggest the services of a holistic vet or natural animal therapist be sought.

Q - My dog is only 2 years old and he is fairly active. However, over the last month or so he has become really skinny. I wormed him, but there is still no change. I can feel his backbone. Apart from the weight loss, he is acting completely normally and has not lost his appetite.

A - Sudden weight loss can mean a few things. Have you changed his food? The quality of the food may be poorer. Another cause could be that his immune system is compromised. The best way to boost this is to change his diet to a natural one. Another possibility is his thyroid is not working properly. This may be because his immune system is not working properly. An alternative animal therapist may be able to help.

Lost and Found

Q - My dog went missing for two weeks. We finally found him, but now all he does is cry and avoid us. He used to be so loving and friendly. What's wrong with him?

A - We can only guess that, based on his symptoms. If he is eating normally then I would think that he has been injured in some way and is sore. The best homeopathic injury remedy is Arnica. Get it in a 30c potency and put a pillule in a separate bowl of water. Do this every day for about two weeks or until you think he's not using it anymore. This way he can dose himself as and when needed. Those who need Arnica are typically fearful of being hurt again so tend to avoid contact.

It's important to remember, too that if a dog has not eaten for a long time, you must introduce food again very slowly, as their digestive system has shut down. One level teaspoon of food, repeated hourly about four times, should get the system up and running again. Introducing a full meal first can kill your dog.

Lumps

Q - I have been worried about a lump I found on the back of my dogs neck. It isn't very big, but I think its growing.

A - The back of the neck is a favourite site for vaccinations and lumps frequently develop there as a result. Only a holistic vet, preferably one who practices homeopathy, will be able to reverse this. But if you change her diet to a natural one, it will strengthen her immune system, which can only help.

Mothering

Q - My dog had puppies recently. She looks after them very caringly, but keeps moving them.

A - Your dog will only move her puppies because she feels their present location is not safe for them. I suggest you let her decide where to put them and then try to work out why. There seems to be something that she feels may threaten her babies. She knows best - you just have to work out the reason. Once the threat is removed, she may bring them back.

Moving - house, country

Q - I used to have the most placid dog in the world. Nothing phased him. We've had him since he was a puppy. We recently moved to a new bigger house and he's finding it difficult to adjust and spends a lot of the time in the basement.

A - Dogs normally adapt easily to a new home. So try to work out what could be bothering him. Is the feeling of the new home a nice, calm one? The last people will have left their energetic 'fingerprint' on it, and you dog may be picking that up. Watch him. Talk to him. Ask him why he's unhappy. You may

be surprised that a thought comes into your mind, that may be the reason. Don't dismiss the idea of using an animal communicator. A good one will get to the problem straight away.

Q - We recently emigrated to Australia and bought our dog with us. He was always so placid, but now he cries and whines a lot.

A - There could be many causes and you'll need to explore them one at a time.

- He may need time to adjust.
- The flight is long and in a dark, cold and noisy hold, so consider shock and the trauma of a frightening situation.
- The vaccinations that he would have had can cause huge problems.
- The quarantine period is lonely, the staff may not be sympathetic.
- He may have felt you abandoned him.
- Any other changes that you have made.

You will probably need the services of a professional and holistic animal therapist.

Obesity

Q - My dog is very overweight and will eat anything. How can I reduce her weight without starving her, which will make her scavenge more than she already does?

A - Commercial pet food is made from very low grade meat, called meat by-products. A large part of this is fat. If you change your dog's diet to a natural one, she will naturally reduce weight.

A scavenging dog means they are not getting enough quality nutrients in their diet, so they are trying to redress that. Give a good quality natural diet will address that.

Q - I have an 11 year old male neutered dog who is very overweight. The vet put him on a restricted diet. He's been on this for about two months, but still hasn't lost any weight. He's had blood tests done and his stool is normal.

A - All commercial dog food has a high fat content, as fat is cheap. This is the primary cause of obese dogs. Change his diet to a natural one and you will see a huge change. Commercial pet food is nutrient poor, making the animal starving. A quality natural diet is nutrient rich, satisfying the animal.

Orphans

Q - My six week old puppy cries a lot. She's very anxious and hates to be handled. She hides when she sees us. Her mother was killed when she was very young. She probably hadn't been fed for a few days between her mother being killed and her being rescued.

A - The loss of a mother at such a tender age is very traumatic for any animal. Your puppy will have issues with grief, starvation, abandonment and lack of proper nutrition just for starters. She obviously is still very frightened, so maybe there was a trauma with people too. Perhaps injury, as well. She will need lots of love, lots of understanding, and don't rush her. Let her do everything in her own time. Feeding her a natural diet will go a long way to address her starvation and nutritional issues. The homeopathic remedy Ignatia in a 30c potency, will help her get over her grief for her mother. Talk to her a lot, tell her you love her, tell her she can take as long as she likes. She will hear and appreciate what you say. Don't stress her at all, at this stage. No trips anywhere, unless it's life saving. No boisterous or loud visitors. The homeopathic remedy Aconite, in a 30c potency, will help her get over the shock she is obviously feeling, to be so frightened.

Q - We recently adopted a puppy who had been abandoned by his mother. One night he started crying non-stop. He had been crying a lot, but this sounded much worse than usual, and it was when he was trying to empty his bowels. He looked as if he was constipated.

A - Mother dogs massage a puppy's abdomen, by licking, during and after they feed. This stimulates the puppy to poo. Try gently stroking your puppy's underbelly in the direction towards the tail, after he has fed.

Parasites - ticks

My dog picks up ticks. I have always put an insecticide collar on her, from our vet, and it has worked well in the past. I have noticed that for a week or so after putting it on, the collar smells toxic and releases a little powder. After that the smell and powder disappears, but it continues to work extremely well for several months.

This year we have a baby in the house. Is it safe around the baby?

A - No, it's not safe around the baby. And no, it's not safe for your dog either. The toxic smell is just that, toxic. These collars are highly poisonous. They contain nerve gas derivatives. Yes, they deter the ticks, but they also poison your dog. For the effective and natural prevention of ticks, I suggest you put your dog on a natural diet with daily fresh garlic and brewers yeast. Natural food alters the skin pH and makes it unattractive to parasites. Unappealing as you may think, ticks are much safer for your dog and baby, than the toxic collars.

Parasites - fleas

Q - My two dogs have recently developed a build up of dirt at the base of the tail deep in the fur. I brush them regularly, but there always seems to be dirt. One is quite distressed when I brush her at this point and the other one seems to enjoy it.

Q - Why is my dog over grooming herself until the fur has completely gone in that particular spot?

A - Skin conditions are common in animals who are fed a commercial pet food. The skin is used by the body to eliminate toxins. Commercial pet food, high in chemical preservatives (despite what the packet tells you) is very toxic. Switch to a natural diet and you'll see a huge improvement, probably clearing up altogether, in time.

Q - My vet tells that even one flea can cause an allergic reaction.

A - Fleas are part of nature and furry animals. If a dog has become so sensitive to fleas that they react to a single bite, it's not the fleas that are to blame, but your dog's immune system being at rock bottom. Raise your dog's immunity and the allergy will disappear. The first and single most important way to do this is to change his diet to a natural one. If you use chemical flea preparations to rid him of fleas, it will further damage his immune system.

Q - My dog loves to get into the children's little outside pool. He leaves behind tiny black specks that turn blood red when washed away. What is it?.

A - This is flea residue. Your dog's skin is attractive to fleas when you feed a commercial dog food. When you feed your dog a natural diet, the skin becomes much less attractive to fleas. They may not go completely, but they will be hugely reduced. Much kinder than using harsh chemicals to prevent fleas.

Q - I gave my dogs Frontline flea medicine a few days ago and today I noticed they still have fleas, so I gave them another dose. I know I was supposed to wait a month before the second dose, but they still have fleas. Will it hurt them? If they still have fleas after this what should I do next?

A - Flea and other parasite control measures are highly toxic (they contain nerve gas derivatives) and will harm your dog with one dose, let alone more than the recommended dose. In the wild, dogs have a small amount of fleas and worms, which is natural and in balance. The problem arises when they get too numerous and become a health problem not only for your dog, but for you as well. The cause is an unnatural diet - cooked, commercial, low quality. A natural diet prevents this proliferation.

Poison - chocolate, sugar, alternative sweeteners

Q - My shitzu just ate a chocolate bar. I know chocolate is poisonous to dogs. He's been drinking lots of water. What should I do?

A - If your little dog has only had one chocolate bar, it's unlikely to do more than make him uncomfortable for a bit. As there's not much chocolate in chocolate bars, it's more likely the sugar that's making him thirsty. If he's otherwise healthy, I'm sure he'll heal himself. Keep an eye on him and if his condition deteriorates, seek professional help.

Xylitol is an alternative to sugar and is highly concentrated. This can be lethal for dogs.

Poison, ingestion

Q - I think my dog ingested some paint. What should I do?

A - Animals are pretty savvy and won't generally eat what's bad for them (unless it's vaguely edible and it's that or starvation). So your dog probably didn't swallow it. However, keep an eye out for signs of ingested poison - retching, vomiting, heaving. And keep an eye on his other vital signs of health - eating, playing, sleeping, drinking, breathing rate. Are they all normal? Mild signs of disturbance probably indicates your dog is managing to heal himself. But if the signs worsen, seek professional help.

Puppies, being inquisitive, are more likely to eat something harmful. Vomiting is a good sign they are trying to get rid of the problem. Don't discourage it. The healing ability of a body is tremendous, so don't rush out in a blind panic. Monitor the situation and allow time to heal. Chemical ingestion is the exception to this rule.

Relationships - introducing a new animal

Q - My husband and I both had dogs before we met. Bringing them together hasn't been easy. One is dominant and the other is frightened. Although we have been married three years, the dramas are still continuing. How can we resolve this?

A - Animals tend to reflect our lives, so first check that everything is good between you and your husband. Maybe one of you is dominant and the other more fearful? Resolving your own issues will resolve your dogs issues. Otherwise look at how you try to control the situation. Dogs are best left to sort things out themselves. Once they have established their hierarchy, you MUST respect it. Always put the self-appointed dominant dog's food down first. Always throw the dominant dog's ball first. This reassures them that you understand their complex social system. To understand this more, I suggest you read Jan Fennell's excellent book, *The Dog Listener*. She also has many great DVDs on [her website](#). Her training methods are gentle, kind and effective. They follow natural dog laws.

When you bring in a new cat or kitten, always feed them before the dogs. Dogs can inflict a lot of harm on cats, so it's best to let the dog know that the cat is above him in the social hierarchy. In general, cats will only attack when threatened, whereas dogs can harm a smaller animal in play.

Respiration

Q - My ten year old dog has recently started sneezing, often 10 - 15 sneezes at once. What should I do.

A - Sneezing is the first line of defense of the body to prevent entry of a pathogen. So first of all, check to see what you have recently changed. Have you had a new carpet fitted? Carpets emit chemicals which your dog is highly sensitive to. Have you changed your laundry powder, your furniture? Have you

moved house? Have you used a garden pesticide or put down slug pellets? Anything new in the environment could be the cause. So eliminating that may be the answer. If you can't eliminate it or can't see a possible cause, then you need to raise your dog's immunity. The best way to do that is to feed a natural diet. This will take time. If your dog is still sneezing, then try the homeopathic remedy Aconite in a 30c potency, or seek professional help.

Scavenging

Q - My dog scavenges everything and anything. He's not thin. What can I do?.

A - Have you heard that saying that 'the west has never been so well fed but so under nourished'? In other words, we're eating plenty of food, but it's of very low nutritional content. It's no different for your dog. Scavenging appears because the diet they are on is not nutritionally adequate, and they are trying to address this deficiency. If you change your dog's diet to a natural one, he will stop scavenging, as his nutritional needs will be met.

Skin problems

Q - My dog is 12 years old now and she has just started having what looks like spasms all over, not just her back. She is constantly biting and scratching herself as if something is biting her. She is an indoor dog with the occasional trip outdoor, but little interaction with other dogs. What would be the problem and how can I fix it?

A - I think your dog is suffering from a toxic overload. The skin is the first place the body will eliminate toxins, which is why there are so many skin conditions about and why it is important not to suppress them with harsh medicines such as cortisone. Your dog's toxic overload will probably be from her diet, if you feed her a commercial pet food. Change to a natural diet and the problem will, in all probability, disappear, but it will take time. Another cause of a toxic overload is the chemicals in the environment (household cleaners, air fresheners, furniture, flea collars, etc.) so try to keep your home well ventilated. And yet a third reason for toxic overload is medicine and in particular vaccinations. Try to use the services of a holistic vet or natural animal therapist for health care and prevention.

Q - What are the causes of a dog losing hair?

A - There can be a few reasons for this, but one of the biggest is the dog is scratching so much, the fur can't grow. Why the dog is scratching so much is likely to be an intense irritation, possibly in the skin. Always I suspect the diet first. Changing to a natural diet may resolve the problem, or make it much less. Only then should you start to look for other treatments.

Surgery problems

Q - My dog had surgery on his leg a few weeks ago. The operation, which involved the insertion of a pin, went well, but afterwards, he chewed his tail and other leg, badly. An x-ray showed the pin had moved.

A - Whilst the vet considered the operation went well, your dog certainly didn't, as he is in such pain now that he is self-mutilating. I suggest you have the pin removed, give him a lot of Arnica for the pain and consult an animal homeopath.

Q - I have just adopted a six month old puppy from a rescue shelter. She was spayed a few days ago. I am worried about her because she won't stop whimpering unless I cuddle her. I can't do this all the time. What's wrong?

A - She sounds as if she has taken to you well, so it's not a settling-in issue. I would also check with the rescue shelter that she wasn't like this before the operation. Spaying is a big operation and she may still be in pain from this. The homeopathic remedy Arnica is excellent for pain after surgery. Get the 30c potency and put one pillule in a separate bowl of water once a day for a few days, so she can help herself. This will resolve any pain.

Q - I have just got my young dog neutered and he is throwing up a lot, days after the operation. He is moving very slowly and walking in an unbalanced way. He is sleeping in unusual places. He doesn't want to be touched either and normally he is a very loving dog. Please help.

A - Surgery can be very painful, although male castration is normally a very simple operation. Vomiting days after the surgery normally means he hasn't properly come out of the anaesthetic. A professional homeopath can help with this.

Q - My dog recently underwent surgery, but now, a day later can't seem to wee. She tries and tries, but nothing comes.

A - Surgery is very traumatic and it sounds as if your dog is still in shock. Shock often causes inability to urinate. The homoeopathic remedy Aconite resolves this. Get a 30c potency. Dose every hour until there is improvement. This is a serious issue and needs prompt treatment.

Teeth

Q - I've had my 15 year old dog's teeth cleaned every other year under anaesthetic. Now I'm concerned about the anaesthetic. What's the alternative?

A - I applaud your concern. The effects of anaesthetic have a cumulative effect, which doesn't do your dog any good at all. In the wild, dogs keep their teeth, and gums, clean by crunching up on bones. It's never too late to introduce bones into a dog's diet. They MUST be raw. Start with small, easily crunchable bones and gradually work up to the size most appropriate for your dog, taking into consideration his size and ability. A dog should spend at least

half an hour with the bone and there should be little left when he is finished. This shows the ideal sized bone.

Thirst

Q - My elderly dog is drinking unusually large quantities of water at a time. After he urinates, he immediately wants a drink again.

A - Excessive drinking in the elderly can point to diabetes or kidney failure. The first thing I would address is the diet. Many commercial pet foods bulk out their products with unnatural carbohydrates, as it's currently cheap. Try switching to a natural diet and see if that stops the thirst. My guess is it will, whatever the reason.

Travel

Q - I like to take my dog to distant parks and the countryside, but he doesn't travel well. He looks like he's car sick, although has never been sick.

A - Most dogs love travel, but a few are car sick. Seek the services of a professional homoeopath and ask for a car sick remedy or complex. Travel sickness affects some dogs as well as people.

When dogs are flown long distances, it's a good idea to give them Aconite in a high potency (I use 10M potency) to prevent any stress. You can obtain this from a homeopath.

Q - My dog seems to know when I want to take him to the vet. He hates it and tries to hide and I have to drag him there.

A - Can you blame him? He is trying to tell you, very clearly, that he doesn't want to go to the vet. Imagine if you are living with a family who can't understand your language. How would you communicate with them? By sign and body language? That's what your dog is doing. Animals know that the medicines and vaccinations that vets use harm them and they will mostly protest. Try using the services of a holistic vet or natural animal practitioner. Once your dog knows they will not be harmed, they will no longer fight you. I hear this all the time, from my animal patients people. Once animals have been to see me a few times and realise that I don't harm them in any way, they are normally excited to come.

I want to tell you a story about how animals try to communicate with us.

A little boy, who lived on a farm, went to pet one of the outdoor cats. The cat hissed and swore at him, which was unusual. The little boy went crying to his mother, who consoled him and they went off together, looking for the cat. The cat was in the same spot and was still unfriendly. Suddenly, he leapt into the air and landed on a snake, killing it.

The cat couldn't tell the child to mind out, so he did the next best thing.

So be open minded. When your dog is behaving in an unusual manner, put yourself in his shoes. How would you react if you were trying to communicate without speech? What could it be that your dog is trying to tell you? Go beyond your conditioning and beliefs.

Urination

Q - My dog is having difficulty passing urine. What should I do?

A - If your dog is not passing any urine at all, then it's an emergency situation, so you need immediate professional help. Once the emergency has passed, you need to consider the cause. This is, in almost every case, from commercial pet food. Once you start feeding your dog a natural diet, this is extremely unlikely to recur.

Vaccination

Q - My dog was recently boarded in a kennel for two days and has now developed a hacking, dry cough. As he has had the kennel cough vaccine, I thought he'd be protected from it. Is this serious? Otherwise he appears fine - eating, sleeping, running around.

A - Vaccinations are very overrated. I remember visiting a cattery some years back, run by a very open minded woman. She accepted cats who had been homeopathically immunised (what we call homeoprophylaxis or HP), as well as those who had been conventionally vaccinated. She said there was a big difference in the incidences of upper respiratory symptoms: in the cats who had been conventionally vaccinated there were many incidents, whereas as in the cats who had received HP, THERE WERE NONE!

Q - My two year old dog, once very playful has stopped playing and doesn't seem interested in anything. She either sleeps or sits and stares at me. She just had her physical and annual vaccinations and the vet says she is healthy. Her functions are normal and she eats well. What could be wrong?

A - She's had a bad reaction to the vaccinations. Probably only a professional homoeopath can undo the damage done by vaccinations.

Q - Yesterday I took my dog to have her vaccinations. I brought her home and she was sore and a bit upset with me. Today she has still not eaten and just sits quietly and sometimes shakes her head. Is this because she is in pain? When I approach, she snarls and bares her teeth at me. Her behaviour has changed so drastically that I am worried that she is having some sort of allergic reaction to the vaccination.

A - Yes, indeed she is. Homeopaths have always known that vaccinations are harmful and do far more harm than good. And more and more vaccines are being added, making it more and more difficult for your dog to cope with the onslaught. Vaccination is a huge subject. It is also a very lucrative industry when you consider all the animals who get vaccinated every year. For more

information about vaccination, please visit my web page on [Vaccinations?](#). I regularly update this page with articles and reports from around the world.

Dr Richard Pitcairn, an American vet turned homeopath says that parvovirus has resulted from a mutation of the distemper virus, caused by the distemper vaccine. All homeopaths know the terrible effect vaccines have on our health and it's no less true for animals.

In your particular case, I would say that the condition is quite serious as your dog is lacking the normal vital signs of good health. I suggest you seek the services of an animal homeopath.

The alternatives to vaccination are, firstly and most importantly, to raise your dog's immunity so that he can cope with pathogens. To do this, you need to feed him a natural diet. The second way is to use homeoprophylaxis, which is the use of safe homeopathic remedies to immunise your dog against any pathogen. Seek the services of an animal homeopath.

Vaccination and allergy

Q - My dog has been on prednisone for seven years, for allergies. A week ago she developed hives on her face and body after her annual vaccines and her itch seemed intolerable. Was it a reaction to the vaccination? My vet treated her, but it happened again. I changed her brand of pet food, but it's still continuing. My vet says that usually vaccine reaction is limited to an hour afterwards. I'm very confused.²

A - If you can see a reaction after something has happened, then that is most likely the cause. It doesn't matter what others think. And just for the record, problems from vaccinations go on for the rest of the animal's life, not limited to one hour. Your dog's reaction is most definitely due to the vaccine, and I suspect her allergies are due to the earlier vaccines. Homeopaths know the terrible damage vaccines inflict on those receiving them. I strongly advise you seek the services of an animal homeopath to try to undo the damage.

Meanwhile, the best way to help your dog is to change her diet to a natural one. This will bring her compromised immune system up, possibly enough to help heal the hives. No animal is naturally allergic. Allergies show something is terribly wrong with the immune system, probably a toxic overload from medication, vaccines or commercial pet food, which have very strong and harmful preservatives in - despite what the packet may say.

Vomiting

Q - My dog is drinking a lot of water, not eating and throwing up some time later. He is normally very active, but lethargic today and doesn't seem to want to do anything except lie around.

A - Your dog is dealing with something that has affected him seriously. He has gone into an acute reaction to what may be ingestion of some form of poisoning. He may well be able to deal with this on his own, so you need to monitor him. Check to see if the drinking and vomiting are getting further apart or if he is vomiting less often after drinking. We can all heal ourselves if the condition isn't too serious and we are left on our own (quiet, warm or cool depending on the season, rest, no stress, plenty of water, access to grass, etc).

Monitor his vital signs, such as breathing, too.

Check back to see if there is anything that has happened to cause this. Could he have eaten a poisoned rodent? Have you just put down snail poison pellets? Have you changed his food to a different brand of commercial pet food? Have you opened a new packet of commercial pet food? Has he been to your neighbour's garden or park and picked up a poison there?

If you suspect he has ingested rat poison or any other chemical or poison, this is a serious condition. Seek professional help, if in doubt.

Q - My dog has started vomiting a lot. I have changed her food. I can't see any worms. She is not losing weight. Her vomit is mostly hair with a bit of food. She is constantly scratching and licking herself. I have given her a flea bath. I almost wonder if it was the shampoo? I don't recall her throwing up like this before I bathed her.

A - Undoubtedly it was the shampoo. All flea and worm treatments are highly toxic, containing nerve gas derivatives. Animals are very sensitive to chemicals in their diet and in their environment. If you change her diet to a natural one, she won't have a flea problem that you need to treat. To help her rid her body of the toxic overload, consult a professional homeopath.

Q - My 12 year old dog has recently started vomiting after eating. She throws up almost all of the food, if not all of it. Then she is hungry again in an hour or so. She is otherwise a very healthy dog and is not losing weight, surprisingly.

A - Her stomach immediately rejects the food, but then accepts it a bit later. The cause could be the food. Have you changed her food? If you are still using the same brand of food, the manufacturers may have changed an ingredient. Try changing her diet, preferably to a natural one. That should make a difference.

Q - My new puppy has started to throw up a lot. From being a very active puppy, she has become very lethargic. She was throwing up food, but this morning she is throwing up white foam. Her back legs seem not to be supporting her and instead of walking she just sits. I don't think she got into anything, We don't have any chemicals around our apartment or small yard.

The other dog we have is fine. The only thing that could have caused this is she likes to eat the older dog's food.

A - This is a very serious reaction to something. The combination of vomiting, lack of energy and something affecting her back legs (possibly nerves) sounds like the ingestion of a poison to me. Because of the toxic nature of preservatives used in commercial dog food, this seems the only option left. It's possible that commercial puppy food is slightly less toxic. I suggest a switch to a natural diet for both your dogs and see how your puppy recovers. If it continues, you will need the help of a professional. I suggest a holistic vet or natural animal therapist.

Q - My dog is very healthy but after eating dry food she sometimes throws it back up. It's almost dry when it comes up so it didn't even start to digest. This happens about once a week. This mainly happens after eating only the dry food. She drinks plenty of water so it can't be that it's too dry for her to swallow. She is seven years old and has been very healthy.

A - Dry food is one of the worst foods you can feed a dog and your dog is telling you loud and clear. Keeping meat by-products at room temperature indefinitely is only possible with the use of very strong preservatives, despite what the packet tells you. Preservatives that are not allowed in human food due to their highly toxic nature. I suggest you switch her to a natural diet.

Conclusion

Thank you for reading this report.

Would you like to know more about a [natural diet](#)?

Would you like to [consult me](#) about your dog?

(Please note that I cannot give advise about a health condition without a consultation. It can take time to get to the bottom of a problem.)

You can contact me here - support@naturallyhealthydogs.com